

# Police Athletics Championships Result 2010

## 2010 年警察田徑錦標賽成績

### Male (男子)

Category 項目	Winner 冠軍	Result	1st Runner-up 亞軍	Result	2nd Runner-up 季軍	Result
100M	PC NG Tai-wai	11"42	PC CHEUNG Hin	11"70	PC NG Wai-lun	11"75
200M	PC TANG Chun-yip	22"16	PC CHEUNG Hin	23"26	PC NG Wai-lun	23"80
400M	PC TANG Chun-yip	50"90	PC AO Ka-leung	52"25	PC CHAN Wang-fo	54"07
800M(O) 公開	PC TANG Chun-yip	2'06"62	PC CHAN Man-for	2'09"42	SGT LAU Chun-yip	2'11"45
800M(S) 高級	SSGT WONG Ming-chung	2'23"58	SGT TAM Reynold	2'24"98	SP I.C. Strange	2'25"79
1500M(O) 公開	PC CHAN Man-for	4'33"	PC WONG Long-fung	4'36"	PC CHENG Yuet-wa	4'37"
1500M(S) 高級	PC FONG Chi-on	4'38"	SGT TAM Reynold	4'58"	SGT LO Kwok-wai	5'01"
1500M(M) 先進	CIP Andy NAYLOR	4'29"	SGT LEUNG Yat	4'58"	SP I.C. Strange	5'07"
10000M(O) 公開	PC CHENG Yuet-wa	36'03"	PC LEE Man-hin	36'09"38	SGT NG Cheuk-yin	36'09"71
10000M(S) 高級	PC FONG Chi-on	36'44"	SGT CHAN Wai-kay	38'45"	SGT LO Kwok-wai	40'05"
10000M(M) 先進	CIP Andy NAYLOR	35'23"	SGT LEUNG Yat	39'20"	SPC CHOY Chi-wa	39'51"
High Jump 跳高	PC NG Tai-wai	1.70M	PC LEUNG Ka-kit	1.65M	PC LI Fu-chuen	1.60M
Long Jump 跳遠	PC KWAN Kin-man	5.60M	PC CHEUNG Hin	5.60M	PC WONG Si-chun	5.45M
Triple Jump 三級跳遠	PC LAM Yu-chun	11.68M	PC KWAN Kin-man	11.53M	PC FONG Hiu-sang	11.20M
Shot Put 鉛球	PC TANG Wai-hin	9.43M	PC WAN Fu-kwan	8.76M	RPC LEUNG Kong-zing	8.73M
Discus 鐵餅	SGT CHAN Po-shing	27.44M	PC LAM Shing-lun	26.16M	PC TANG Wai-hin	26.00M
Javelin 標槍	PC LAM Shing-lun	35.24M	PC LAW Loi-ping	30.80M	PC NG Tai-wai	29.62M
4 x 100M Relay 接力	RHQ NTS	47'23"	RHQ HKI	47'76"	HKPC	48'11"
4 x 400M Relay 接力	APT	3'43"02	PTU HQ	3'49"98	WPU	3'50"86

<b>4 x 200M</b>						
<b>Major Formation Challenge</b> 總區晉級接力挑戰賽	NTS	1'58"66	OPS Wing	1'59"02	CRM Wing	2'00"13
<b>Best Cheering Team Award</b> 最佳啦啦隊際獎項	Champion - KW		1 <sup>st</sup> Runner-up - KE		2 <sup>nd</sup> Runner-up - NTS	
<b>4 x 100M Invitation Relay</b> 部門接力邀請賽	FSD (消防處)	44"42	IMMD (入境處)	45"54	CSD (懲教處)	46"90

<b>Victor Ludorum</b> 男子全場總冠軍	PC NG Tai-wai	22 points
<b>Carpe Diem Bowl</b> 男子高級及先進組 全場總冠軍	CIP Andy NAYLOR	16 points

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## 2010 年警察田徑錦標賽成績

### Female (女子)

Category 項目	Winner 冠軍	Result	1st Runner-up 亞軍	Result	2nd Runner-up 季軍	Result
100 M	WPC CHEUNG Ching-ka	14''02	WPC 55894 KWOK Yee-man	14''29	WSGT CHOW Chor-ling	14''36
200 M	WPC KWOK Yee-man	31''23	WPC CHEUNG Ching-ka	31''78	WPC CHEUNG Suet-yi	32''99
400 M	WPC YEUNG Po-hei	1'10''20	WPC KWOK Ting-ting	1'11''20	WPC LEE Ka-yee	1'20''18
800 M	WPC LEE Ka-man	2'36''80	WPC LAU Ka-man	2'45''51	WPC WONG Hei-man	3'04''09
1500M	WPC LAU Ka-man	5'42''	WPC WONG Hei-man	6'14''	WPC CHAN Yee-ting	6'19''
3000 M	WPC LAU Ka-man	12'02''	WPC TSANG Yiu-ying	12'54''	WPC WONG Hei-man	13'30''
Long Jump 跳遠	WPC KWOK Yee-man	4.12M	WPC CHEUNG Ngar-sze	3.75M	WPC NG Yuk-lin	3.63M
High Jump 跳高	WSIP NG Wing-see, Winsy	1.38M	WPC YIU Ming-chu	1.25M	WPC TSANG Wing-yee	1.20M
Discus 鐵餅	WSIP NG Wing-see, Winsy	23.11M	WPC HUNG Cheuk-nam	21.49M	WPC MAN Ying	19.30M
Shot Put 鉛球	WSIP NG Wing-see, Winsy	7.65M	WPC HUNG Cheuk-nam	7.32M	WPC NG Yuk-lin	7.30M
Javelin 標槍	WIP 8201 CHEUNG Shuk-ting	31.51M	WSGT 55999 LI Yui-ping	22.32M	WIP 10130 HO Ming-wai	21.58M
4 x 100M Relay 接力	CTRU	1'02''60	RHQ NTN	1'03''20	EU KW	1'04''02

Victrix Ludorum 女子全場總冠軍	WPC KWOK Yee-man	23 points
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### Team Prizes ( 隊際獎項 )

#### (A) Other Formations Championship (Male & Female)

Winner:	RHQ NTN	91 points
1st Runner-up:	TM	65 points
2nd Runner-up:	E	47 points

#### (B) Specialist/ Training Units Championship

Winner:	PTU HQ	168 points
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Remark: New Record